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“Goodwill Day Message” (Master Parvathi Kumar's Birthday)

07 Nov, 2012

- Master K.Parvathi Kumar

Hearty fraternal greetings to all of you. This is the first time that this hall has become full with no place left on the floor as well. I thank you all for attending the function.

Birthday is a magical day. We know that it is our birthday only because our parents informed that we were born on that day. I used to spend my birthdays alone during my childhood. I never used to speak to anyone on my birthday. Later when people used to think weird about me, I started celebrating my birthdays with my family members. Today, I felt that I should narrate some incidents of my life.

So slowly my family started growing in number and now I have a very big family, by God's grace. Just like my personal family is my responsible, now I am responsible for this huge family. So we all gathered here just like a family. By Lord's grace, my life went off splendidously. I know very clearly that my life was always lead by the Lord and this thought was more and more stabilised during the recent years. I practiced surrender to the Lord from my childhood.

My father taught me only one principle in life. Pray to the Lord and be in his presence. He never asked me, my brother and sisters about our studies. He also said every if you do not study, its fine but be in the divine presence. That is more important. He lived such a divine life and we inherited the same from him. The only assets that we inherited from our father are devotion and dharma, the eternal law. He used to give highest importance to the Lord. Even family was second to the Lord.

When I was 5 years old, there were floods in the place where we used to stay. Only our house was out of water and all the people whose houses were flooded stayed in our house for 7 days. During those days, my father arranged food for hundreds who stayed in our house.

A great soul came to our house when I was of 5 years of age. He discoursed Bhagavatam in Northern India for 30-40 years. He had many followers of which there was one 16 year of person who used to wear only a gunny bag. He used to sit in a corner and cried all the time. When I saw him and asked my mother, why he was crying, my mother told me, "He is not crying. He is experiencing divinity and as a result tears fall down his cheeks all the time." I was moved by seeing him. He later became a grand being and propagated Hanuman Chalisa and the name of Rama. His name is Raghuvara Das.

Seeing a film based on Lord Shiva, I was highly inspired and started doing Shiva Puja daily. This continued for 5 years. I also used to spend some nights completely in Shiva temple doing Bhajans.

My father, being a government officer, used to be transferred every year and my father put me in my maternal grandfather's house as he felt it would disturb my studies if I moved with him all the time. My grandfather was a devotee of Lord Rama and wrote the name of Rama 3 crore (30 million) times. Many people, family, relatives and friends used to stay in his house and it was a group living everyday. He used to tell me "My child, we just have to perform our duties properly and the Lord will take care of the rest."

Later an astrologer told my father that there is a difficult period in my life and I may even depart during that period. I got a fever which lasted for 42 days. My father worshipped Lord Rama and decided that my thread ceremony would be conducted in Bhadrachalam, if I recovered. Accordingly I recovered and later my thread ceremony was conducted in Bhadrachalam. During those days of my fever, I was not able to take any food properly. I used to see a person, with similar features as Master CVV but with a beard in my dream, everyday in the morning hours. He wore a lungi (bottom wear) and brought idlis and sambar which I used to eat in that dream. I used to wake up after that dream.

Then I went to the University for higher studies and used to stay in hostel continuing my worship within. One day a devotee of Hanuman, the person who I mentioned earlier, came to our house and initiated our family to Hanuman Chalisa. I used to chant Hanuman Chalisa everyday 11 times without fail. Slowly I started hearing some words within. "Go and study so and so book, Study so and so question." I used to note down those instructions and used to follow those instructions and as a result I got the highest marks in CA and commerce exams. I got a gold medal as well. It is only because of the words that I heard from within that all this was possible. As a result, I also realised that the Lord speaks to us from within.

I believe in renunciation of initiation of work. I never started any work on my own. I just did what came to me. I never planned any activities in my life. I have a strong belief that the Lord leads our life if you are associated with him to the core. When I got seat in both Science and Commerce branches, my father told me to join in Commerce stream and I just did so. I graduated when I started preparing for IAS (Indian Administration Services), my father again told me to study CA (Chartered Accountancy). I did so. To practice CA when I thought of moving to Chennai, Sri.C.P.Rao (a noted Chartered Accountant in Vizag) told me to practice under him in Vizag itself. I did so.

Later my father departed and I had the responsibility to take care of my family. I was studying CA and practicing as well, to run the family.

I learnt many poems from Bhagavatam and Bhagavadgita during my childhood, as my father used to sing them. I realized that there is only one Lord who runs the whole creation and he has no name. I used to tell the same to my Muslim and Christian friends during my study of M.Com in the University. And I used to hear instructions of what is to be done, from within. This is true till today. It is all due to the grace of the Lord.

I came to be associated with Master EK in 1968. He came to our house when my brother was sick. My brother first met him as a student in the University and Master EK told my brother that "It would be good if your whole family listens to your brother Kumar." My brother told me so and also told me that I should meet him. I did not meet him then but went and met him after completing my CA. I told my brother "My immediate responsibility is to complete CA. Until then I won't meet Master EK. I will meet him when time comes." My brother went to Master EK and conveyed my words to him. Master EK said to my brother "Do not force your brother to meet me. He knows what is to be done and when." My brother conveyed the words of Master EK to me.

After passing CA, the next day itself, I went to Master EK when he was doing a fire ritual. He used to do fire ritual at 4 am in the morning. Later he spoke to me. I felt very happy in our first meeting.

Later I went to attend another fire ritual done by Master EK in 1970. That day, he told me to sit beside him. While that ritual was happening, I felt a great influx of light emerging in Muladhara and ascending. After the ritual, Master asked me "How was the ritual?" I replied "I experienced the fire ritual within." Then I told him that I would like to work with him and I also told him that I am ready to learn anything and do anything that he would say. He told me "You already know the basics required and the rest need not be learnt, everything will come to you from within. Also we will work together from now on."

Even with regard to my marriage, in 1972, I showed the astrological chart of a lady, who I felt was suitable to me, to Master EK and told Master "If you say yes, I will marry her. If you say no, I won't." Master studied our charts for 5 hours which was surprising because he never looked at a chart for more than a few seconds. I then asked Master EK "Is something wrong?" Then Master EK replied "No! You have to do lot of work in future. So I want to be completely sure that the lady that marries you is equivalent to you. This lady is a perfect match to you. You can marry her." I informed the same to my mother and elder brother and married Krishna Kumari.

From 1970 to 1977, I used to spend as much time as I could with Master EK. In 1973, with Master's consent I bought Radhamadhavam. He told me that no one except me can buy that house and it happened so. During those 7 years, I did not learn anything specifically from Master EK but I tried to be in his presence. I believe that being in presence is more important than learning new things.

Later in 1977, Master EK wanted to stay in my house. It was an important event in my life. He asked me "How much rent should I pay?" I said "First we will go to our house and later we will think about rent." We went to Radhamadhavam and were having food being served by my wife. I told her "Master EK wants to stay in our house it seems. We will stay downstairs and he will stay upstairs. He wants to give us rent it seems." Then my wife said to Master EK "Master! If you want to give us rent, then do not come to our house." So Master EK came and stayed in our house for 7 years.

He started doing prayer and rituals in our house. For 40 days, he did Vishnu Sahasranama Puja, for 40 days Lalitha Sahasranama Puja and for 40 days fire ritual. Every morning ritual used to start at 4 am.

Then he asked me to do the rituals, not only in my house but everywhere where he was asked to perform a ritual.

During the 7 years he stayed in my home, he slowly handed over all the activities that he started. From 1980, I used to get the same instruction as Master EK used to get. After sometime, I used to get the instruction before he used to get. But I never told him that I got so and so instruction. Only when he told me that he got an instruction, I used to show him my diary, that I got the same instruction. He saw the date in the diary and said "You got this instruction before me."

In February 1982, I got an instruction that I should travel to the West along with Master EK. In June 1982, Master EK told me the same and asked me "You already have many duties and responsibilities. Will you be able to come with me?" I told "Master! I knew this in February itself and my passport is also ready due to some professional requirement."

After coming back, one day Master EK called me and said "Master CVV has become direct to you. You can be on your own now. You need no follow me." I said "I will never do so. You move forward and I will just follow you." We moved in such a manner for 3 years during which many things were revealed to me.

Some time back, Sadguru Sri Sivananda Murthy garu (Bhimili Master) informed that I and Master EK have a relation for the past 7 lives and for work to manifest it is necessary we have to incarnate together.

I am telling all this because you should understand that everything happens splendidly if you are in the presence of the divine. It happened for me when I was very young because of my parents. One grows inside when you are in alignment with the Lord. One should have daily self retrospection and try to make adjustments for better practice. A Birthday should be utilized for this purpose. Everyday is like a birthday to us because we are born daily. Both inner world and outer world are important but one should remember that inner world is permanent while the outer world is temporary. When we are more outside, we cannot stably sit inside.

Before we are born, when we are in the womb of our mother, we worship the Lord continuously that we would lead the right way of life and fulfill ourselves. But after coming out, we forget all this. So we should question ourselves "Who am I? What am I to do? Am I doing what is to be done?" There should be this self retrospection every day. The world will praise you, criticize you and expect many things from you but you should not just go by worldly expectations, which are generally directed by the nature, qualities and thoughts of the people around you. Otherwise your life becomes a worldly life. You should be doing what you need to do and fulfill the purpose of your life. According to me, the worldly life has only 2 aspects; one is discharge our duties towards our family and another is to serve the society. Rest of the things like, name, fame, wealth, etc. may come; you need not reject them but you should keep pursuing for them. Limit them according to your need. When my professional life was growing in leaps, I felt that any further growth in this would hinder in achieving my life purpose. So I formed a team and slowly entrusted my professional activities to them.

There are many who get stuck in the activities started by themselves. One should know the ultimate purpose of life. We plan our travel even when we are travelling for short distance. Similarly post departure is also a travel which we also plan. We should know where we are going; who we will meet and what are we to do. This is what Yoga gives us. It shows the path of transcendence of death. Transcendence of death is possible when the inner body and outer body are separated. There are many Yogis in India who demonstrated transcendence of death.

The inner man has no death. He is born many times. He can decide his departure if he is separated from the body. I AM has no death. It is only the vehicle of I AM that dies. The vehicle keeps changing in every life. The vehicle may be a male body or a female body. The body undergoes changes continuously. It has ageing whereas I AM has does not change. That is why we do not recognize the regular change that happens to the body unless someone specifically mentions it to us or we see a past photo. So the inside I AM which is immortal has to be separated from the mortal body. Otherwise you will just be pulled out the body and sent into another body without you having any control.

So an internal identity should be developed. This is possible when you practice internalization by meditating on the inner light. This is what is told in the 6th chapter of Bhagawadgita. Remember! There is nothing in other books which is not there in Bhagawadgita. I had the fortune of visiting some of the hidden Ashrams on earth and in every Ashram, Bhagawadgita is present. So, all practices are aimed at developing an internal identity.

When you are completely aligned with THAT, you will start having 2 lives, one inside and one outside. Then you will be slowly separated from your body. Then you will have a body of light. Such a one is said to be born twice. Grand works can be carried out with that body as well, during the night hours. That is why it is said “Night is day to a Yogi.”

Master CVV demonstrated the act of transcendence of death 18 times to his disciples. He even told the date when he would depart and he departed while everyone was watching; same with Master MN. "Mrityunjaya Mantra" describes the same action of transcendence of death. Master CVV promised that he would do this work for us. He told that he would it for us in a much quicker manner. We have many activities in WTT but the ultimate ideal for us is to stand in Yoga, to transcend death. For that, we have to do Master CVV prayer regularly and follow the instructions given by him.

When internalization happens, we will get instructions from within of what is to be done. All teachings happen from within. The instructions that come from within should be followed strictly and they should not be neglected for any reason.

So I travelled to Europe along with Master EK in 1982. During that period, I got instruction from within that I will need to travel to the West many more times in the coming days. I always followed the instructions that came from within. My clients, relatives and family friends asked me “If you keep travelling like this for months together, what will happen to your practice?” Even my father-in-law, could not ask me, but asked Master EK “What will happen to my son-in-law profession if he travels like

this?" Master EK replied "It will be much better than what it is now." My father-in-law asked "How is that possible?" Master EK said "He that faith and so it will happen." And it happened so.

So I was into divine activities more and more. The more one is associated with the higher; the lower gets automatically adjusted to it. So my inner and outer life went on splendidly in this manner. The path of Master CVV Yoga is such. Not only I was blessed by Master CVV's presence, I also gained the presence of other Grand Masters, who have been working at various parts of the globe.

I will tell one last thing. If you start hearing something from within, do not just do it. It may be your illusion. If so, it may cause you some problems. Just write it down in a book and later an outer initiation happens in line with that what you heard within, then you do that work.

So I am telling all this for you to understand that when you are in HIS presence, within, everything happens effortlessly both inside and outside. So living in divine presence is what is required. This presence happens only when the Lord decides to grace you. Until then you have to wait and do your part. There is no logic or no conditions to the grace of Lord. When the Lord graces you, everything is done by him through you. This is what happened in my life. You all can take me as an example in this regard. Knowledge may fail at times and science may fail at times but divine grace and presence never fails. It can make an impossible possible. I witnessed my whole life happening due to the grace of the Lord. Whatever I have done is only due to his grace and I am a mere observer.]

I do not have any interest in any of the works that I am doing. But I am doing because it is my duty. In fact I am not doing, it is all happening. So the thing that is required is to stay in alignment with the divine principle that permeates the whole creation and is responsible for everything in this creation. I hope that each one of you travel in that direction. Keep retrospectively yourself daily and more so on your birthday. Try to bring about the changes that are required. Try to do things better. Try to worship better. Limit other activities only to your duties and responsibilities.

-Swasthi